



Extra Curricular Activities

Infant & Junior School

2011/2012

Term 1



Dear St Chris Student,

I hope you are enjoying the new school term and are excited about the after school clubs that are on offer. This booklet shows clubs available for Term 1, please make sure you hand your choice slips in on time.

This booklet is made up of the following sections:

- Teachers choice clubs
- Your sign up sheet for teachers clubs
- Outside organisation information

The full list of clubs might look a little bit confusing at first because there is so much information included. I suggest you ask an adult to go through it with you and help you highlight your favourites.

What to do next:

- Complete the appropriate return forms
- Return your forms to the big red box labelled 'Extra Curricular Activity Forms' located at the main school entrance
- Make sure you return the forms no later than **Thursday 29th September** (Forms will not be accepted after this date).



Thank you very much, have fun choosing!

Mr Holness
Head of PE

After School Clubs 2011-2012 Term 1

Day/Time	Year	Teacher	Location	Club	Description
Sunday					
Sunday	4 and 6	Mrs Al Falah, Mrs Al Jarrah, Mrs Abualganam	Science Lab 1	Cooking Arabic	Calling all Chefs! Learn to cook tasty treats and scrumptious snacks.
Sunday	4 and 6	Mrs Woods	Junior ICT Lab 1	Computer Fun Club	This club is just for fun! Come along and log on to your favourite programs.
Sunday	2,3,4	Mrs Maye	DT Room	Board Games	Have fun playing different games while developing learning skills and concepts.
Sunday	6	Mr McNaught and Mr Sisson	5E	St Chris Award	Please see information and application form below.
Sunday	4	Athletic Kings	Sports Hall	Tennis	See outside organisation information
Sunday	5 and 6	Craig Heslop	Junior Hall	Tribal Kidz	See outside organisation information
Monday					
Monday	3 and 4	Mrs Lodwig	Sports Hall	Athletics Club	In the athletics club the students will be focusing on the three athletics elements of running, jumping and throwing. They will be shown the correct sprint start and have the opportunity to practice it in fun races of varying distances. They will be shown the correct techniques for jumping and throwing and be able to practice against themselves and others in order to gain the furthest measurement.
Monday	5 and 6	Mrs Jardine and Mrs Calder	Netball Courts	Netball	Get fit, get quick! Netball, fun for all!
Monday	2	Miss Lambert	Infant Hall	Games	Come and practise your skills in Football, Basketball, Benchball and Volleyball.
Monday	4	Mr Clifton	Tiger Turf	Football	Football frenzy, come and improve your skills and play some matches. Everyone welcome!
Monday	2 and 3	Mrs Fullarton and Mrs Al Sharif	Science Lab 1	Little Chefs	Come and discover your passion for cooking with us! Lots of hands-on experience using different ingredients to create your favourite recipes. Our classes will include healthy eating, basic cooking skills, measuring skills and safety in the kitchen. Eat what you make or take it home. Hve fun, after all, it's just food!
Monday	3	Mrs Nicoll	Junior ICT Lab 1	Computer Club	Come along to computer club. We will be trying out some new programmes, skills and websites, as well as revisiting

					our old favourites.
Monday	4 and 5	Mrs Abbas	Junior ICT Lab 2	Fun with Publisher	Be creative and get designing! Learn how to create- Birthday cards, Invitations, banners and much more!
Monday	4 and 5	Mrs Lonsdale and Mrs Baker	Infant ICT Lab	PowerPoint Presentation	Have fun creating and presenting a PowerPoint on something that really excites you.
Monday	4/5/6	Mrs Kruger and Mrs Etches	4B	Knitting	Come along to the knitting club and learn to knit a cute teddy. Knitting is fun!
Monday	2	Mrs McKinney and Mrs Henson	1D	Art and Craft	Come and join us in some exciting art and craft activities using various media and techniques.
Monday	2 and 3	Mrs Reid	RA	Cross Stitch	Come and make a bookmark, picture of your favourite animal or write your name using running and cross stitches. This could be a perfect gift for someone in your family.
Monday	3 and 4	Mrs Mulleague	4F	Top Trumps	Are you a fan of Top Trumps? Bring along your Top Trumps cards to play with your friend. Who will be the Top Trump champion?! It's not just playing though – come along with an idea for your own Top Trump cards and you can make your own set of cards to take home.
Monday	5	Athletic Kinds	Junior Hall	Tennis	See outside organisation information
Tuesday					
Tuesday	5 and 6	David Axtell	Tiger Turf	Hockey	You will be taught the basic rules and techniques of field hockey and be given the opportunity to represent the school in local tournaments. Children of all ability are welcome. Coaching will start with basic skills and advance with the development of the children. Each session will start with a warm up and basic drills before finishing with a short match. You do not need to bring a stick although please bring one if you do have one. All participants will need to bring shin pads and, preferably, a gum shield - while all efforts are made to keep children safe, accidents can happen!
Tuesday	3,4,5,6	Laura	Science Lab 1	Mad Science	See outside organisation information
Tuesday	2,3,4,5,6	First Aid box	Year 2 Classroom	Young First Aiders	See outside organisation information
Tuesday	5 and 6	Craig Heslop	Playground	Tribal Kidz	See outside organisation information
Tuesday	6	Athletic Kings	Tennis	Tennis	See outside organisation information

			Court		
Tuesday	5 and 6	Walter Carvelho	Sports Hall	Basketball	See outside organisation information
Wednesday					
Wednesday	5 and 6	Mr Holness	Sports Hall	Basketball	Enjoy basketball? Want to learn how to do a lay up properly, shoot 3 pointers?
Wednesday	2	Mrs Milne	Science Lab 1	Cooking Club	Come and cook some tasty treats at the Year 2 Cookery Club!
Wednesday	5 and 6	Mr Watts	Junior ICT Lab 1	Computer Club	We will be exploring a wide range of multimedia software. We will be exploring film making and animation as well as a wide range of online books.
Wednesday	3/4/5/6	Mrs Thomas, Mrs Judge and Mrs Colhoun	The Funland Centre	Ice Skating 	Travel by bus to the Funland Centre in Manama. Enjoy an exciting and fun filled activity with your friends. Suitable for beginners. This will cost 12BD. Parents will need to pick you up from the Funland Centre at 4pm.
Wednesday	3/4/5/6	Mrs Watts	The Ritz Carlton		Fun, healthy, exciting, different and challenging. During the 6 weeks of your child's Watersports Club we will get them on the waters in and around The Ritz-Carlton's stunning lagoon. They will experience a wide range of different activities ranging from kayaking to windsurfing and from beginner sailing to the high speed rush of multihull sailing. A bus will take you to the Ritz Carlton and a parent will need to pick you up at 5pm. This is a 2 hour session for 6 weeks and will cost 60BD plus 10BD for insurance. To be paid at accounts.
Wednesday	4/5/6	Mrs Ingham	6B	Paint a Masterpiece	Using a range of resources, such as collage, pastels, paint and pencil, create your own picture in the style of famous artists.
Wednesday	2	Mrs Ross	2F	French is fun	Come along and learn that French is fun and easy! We will be playing games and singing songs to learn a new language.
Wednesday	3	Athletic Kings	Junior Hall	Tennis	See outside organisation information
Thursday					
Thursday	5 and 6	Mr Van Der Eyken	Sports Halls	Cricket Club	We will be playing various forms of cricket in a fun and exciting way. Concentrating on batting, fielding and bowling
Thursday	2 and 3	Mrs Bruce	1E	Drawing and Craft	Come along and learn to draw whilst having fun. Make cool collages from lots of different materials.

Thursday	2 and 3	Mr Churchill	1B	Dr Who Club	Each week we will be making a small scale Dr Who model. It might be a Dalek or Tardis model, Cyberman fridge magnet or a Weeping angel sculpture.
Thursday	5 and 6	Mr Coast	The Royal Golf Club	<p>Golf</p>  <p>Royal Golf Club Bahrain's premier events, dining and golf venue</p>	Go to the royal Golf Club with Mr Coast to learn or practise your Golf skills. This club will cost 40BD, payment is due before the first session (13/10/11) and you can at accounts
Thursday	2	Athletic Kings	Junior Hall	Tennis	See outside organisation information



After School Clubs 2011 -2012 Term 1

Please choose 3 clubs for this term from the information provided. Write the name of each club that you would like to join, the day it is on and the teacher running the club, in the spaces below. Put your choices in order, with your favourite first. We will try to allocate you 1 club from your choice of 3, though we cannot guarantee this due to the high demand for some clubs.

Mr Holness
Head of PE

Name: _____

Class: _____

Parent's signature: _____

PLEASE NOTE: your child may not get a club each term and may not get their first choice of club. If your child is not allocated a club this term or does not get their first choice they will be prioritised in the future.

Term 1

1st Choice: _____ Day: _____
Teacher: _____

2nd Choice: _____ Day: _____
Teacher: _____

3rd Choice: _____ Day: _____
Teacher: _____

**Return this page in the Extra Curricular Activity Box displayed at
the main entrance of the school by Thursday 29th September
Forms will not be accepted after this date**

Outside Organisation Sign up Day

This term the sign up and pay day for outside organisation clubs will be Tuesday 4th October. If you wish to join any of the following clubs, then please come with a parent to the sign up day detailed below. If your parent cannot attend on this day they can call the club organiser to make other arrangements.

Tuesday 4th October

**7:20 – 8:20am
and
1:30pm – 2:30pm**

Company Name	Contact	Phone Number	Club Name	Duration	Cost
Athletic Kings	Michiel	38325914	Tennis	10 Wks	60BD
Walter Carvalho	Walter	36631088	Basketball	6Wks	42BD
Mad Science	Laura	17591136	Mad Science	6 Wks	60BD
Swayta	Swayta	39567445	Calligraphy	6 Wks	48BD
First Aid Box	Pam Kamal	36732223	Young First Aiders	8 Wks	40BD
Tribal Fitness	Craig	39473710	Tribal Fitness	5 Wks	30BD
Berlitz Language Centre	Anna Lelia	17 694233	Learn a Language with Berlitz	6 Wks	

The St Christopher's Award 2011-2012

Year Six



service	skills
physical activity	expedition

Wednesday 21 September 2011

In terms 1 and 2, as part of the Extra Curricular Activities programme, Year 6 students will have the opportunity to take part in the St Christopher's Award. This scheme will run for 10 weeks in term 1 with a second group taking part in term 2. The scheme is based around the International Award and Duke of Edinburgh Award schemes. The groups will cover aspects of service, new skills, physical activity, map work and camp craft. In addition to the after school sessions, those taking part will also need to commit some of their own time to the physical activity, service and skills aspects. There will also be some weekend commitments for trek training as well as a day trek followed by an overnight camp.

The numbers will be limited to 16 pupils per term. This year in term three, after the completion of the National Curriculum Tests, there may also be an opportunity to embark on an optional **overseas community service week in Thailand**. We are expecting a high level of interest in this ECA and therefore will be accepting year 6 students based on a written application. At this stage we will take general applications for terms one and two and assign children to either term if they are successful. Once places are confirmed we will require a payment of BD20 to cover equipment, travel and other costs for the Bahrain based training. Later this term, there will be more information with regards to the dates, costs and itinerary for the trip to Thailand. However, if you have any initial questions please do contact us.

The written application and letter.

In addition to the application form your son / daughter is also required to submit an accompanying letter including the following:

- Their name and class.
- Their reasons for wanting to join the St Christopher's Award.
- Their ideas for completing the service and volunteering requirements.
- The qualities they think they can bring to the St Christopher's Award group.

If you have any questions please email us at jon.mcnaught@st-chris.net

**APPLICATION FORMS ARE NOW AVAILABLE FROM MR MCNAUGHT OR MR SISSONS.
THESE ARE GENERAL APPLICATIONS FOR EITHER TERM ONE OR TWO AND PUPILS WILL BE
ASSIGNED A TERM IF SUCCESSFUL.**

Jon McNaught & Tony Sissons

jon.mcnaught@st-chris.net



St Christopher's Award Application Form

Name: _____ Class: _____

Date of Birth: _____ Gender: MALE or FEMALE (please circle)

I wish to apply for a place on the award and confirm that all details on this application form are correct and I have attached a letter of application. I understand that I will have to give up some of my free time to fulfil the physical activity, service and skills sections of the Award.

Signed: _____ Date: _____
Pupil

I confirm that I give permission for my son/daughter to undertake the St Christopher's Award and acknowledge that *if he or she is selected* deposit of BD 20 will be paid.

Signed: _____ Date: _____
Parent/Guardian

To the student:

Please attach a signed and dated copy of a letter including.

- Why you wish to undertake the St Christopher's award
- What do you know about the purpose and aims of the award.
- What similar activities or challenges you have undertaken before.
- What qualities you will bring to the group.
- What ideas you have for fulfilling the service part of the award.

PLEASE RETURN BOTH THE APPLICATION FORM AND THE SUPPORTING LETTER TO MR MCNAUGHT BY 2:30pm on Thursday 29 September.

To the parents

In term three, after the National Curriculum Tests, there will be an optional overseas service trip lasting 1 week. More details and a full itinerary, including dates and costs will be available soon. However, at this point please tick the box below if you think you would like your son / daughter to go on this trip.

I am interested in the overseas service trip to Thailand in term three. (please tick)